

# ACA Track Records

## Track - Girls

Event	Name	Mark	Date	Location
Girls 100m Dash	Grabowsky, Mary	13.78	3/11/2006	Mar 11, 2006 King of Mtn.
Girls 200m Dash	Rhodes, Rebekah	30.25	4/9/2005	April 8-9, 2005 Northridge Invitational
Girls 400m Dash	Rhodes, Rebekah	01:03.3	5/4/2006	May 4, 2006 State Champ
Girls 800m Run	Griffith, Joy	02:19.4	2/28/2003	Feb 28, 2003 Green Wave Invit., Leeds, AL
Girls 1600m Run	Griffith, Joy	05:04.3	4/11/2003	Apr 11, 2003 Mountain Brook Invit.
Girls 3200m Run	Griffith, Joy	10:39.8	4/5/2003	Apr 5, 2003 Challenge Of Champions
Girls 300m Hurdles	Rhodes, Rebekah	51.83	5/4/2006	May 4, 2006 State Champ
Girls 4x400m Relay	Bleth, Rhodes, Cockrell, Davis	04:33.1	5/4/2006	May 4, 2006 State Champ
Girls 4x800m Relay	Mills, Tiller, Stuart, Gibson	10:51.1	5/4/2006	May 4, 2006 State Champ
Girls Distance Medley Relay	Tiller, Cockrell, Barnett, Mills	15:22.3	3/4/2006	Mar 4, 2006 Hoover Relays
Girls Long Jump	Rhodes, Rebekah	15-05.00	4/3/2006	Apr 3, 2006 West Ala JH
Girls Shot Put	Hoppis, Bekah	31-06.25	5/4/2006	May 4, 2006 State Champ
Girls Discus	Hoppis, Bekah	100-08.00	4/14/2006	Apr 14, 2006 MtnBrook In
Girls Javelin	Hoppis, Bekah	120-09.50	5/4/2006	May 4, 2006 State Champ

## Track - Boys

Event	Name	Mark	Date	Location
Boys 100m Dash	Ogren, Jeff	11.61	5/6/2005	May 5-6, 2005 State 1A Championships, Bryant High
Boys 200m Dash	Ogren, Jeff	23.95	5/6/2005	May 5-6, 2005 State 1A Championships, Bryant High
Boys 400m Dash	Irwin, Kai	55.58	4/29/2005	April 29, 2005 1A Sectionals, Hanceville
Boys 800m Run	Irwin, Kai	02:14.3	5/6/2005	May 5-6, 2005 State 1A Championships, Bryant High
Boys 1600m Run	McKnight, Jonathan	05:43.8	4/27/2006	Apr 27, 2006 Sectional
Boys 3200m Run	McKnight, Jonathan	12:30.4	5/4/2006	May 4, 2006 State Champ
Boys 300m Hurdles	Doucet, Aaron	49.19	4/22/2006	Apr 22, 2006 Bryant Inv
Boys 4x400m Relay	Irwin, Brenton, Ogren, Irwin	03:41.0	5/6/2005	May 5-6, 2005 State 1A Championships, Bryant High
Boys Sprint Medley Relay	Brenton, Irwin, Irwin, Ogren	04:09.0	3/26/2005	March 26, 2005 Jaguar Relays
Boys Distance Medley Relay	Downing, Johnston, McKnight, Mills	16:09.7	3/5/2005	March 4-5, 2005 Hoover Optimist Relays
Boys Long Jump	Watts, Jason	20-07.5	5/4/2002	May 4, 2002 State Championships, Troy, AL
Boys Shot Put	Miller, Judson	45-11.00	4/27/2006	Apr 27, 2006 Sectional
Boys Discus	Miller, Judson	142-08.00	4/14/2006	Apr 14, 2006 MtnBrook In
Boys Javelin	Miller, Judson	142-04.00	4/23/2005	April 23, 2005 Paul Bryant Invit.