

ACA Cross Country (XC) Fact Sheet #1

Stampede Starter August 27, 2005

Notes:

- In recasting the race results to a "Traditional" format, the ACA 7th and 8th grade Girl's team would have won overwhelmingly – ACA 20 points, TMS 53, Lloyd Wood 60 (lowest number of points win).
- ACA had 6 of the top 10 Middle School Girl's finishers.
- ACA's Girls winning time of 20:40 equaled the Boys winning time.
- Coach Fran Oneal, TMS's current coach, assisted Coach Tiller in 2002 and 2003 when he served as Head Cross Country Coach at TMS.
- ACA had 13 athletes racing in this race compared to 6 in 2004.
- In the 7th and 8th grade Girl's race, 3 of the top 4 runners, including Caroline Meintzer, who placed 2nd for Eastwood, trained in the ACA XC Summer Conditioning Program.
- ACA athletes ran over 3,000 miles this summer, approximately the same distance from New York to Los Angeles.
- This is the only relay race we will run this year.
- Each athlete in this race ran 1 mile (Middle School) or 2.128 miles (High School). A typical distance would be 2 miles and 5 kilometers (3.1 miles).
- The Heat Index was 88 degrees at race time. This compares to a Heat Index of 83 in 2004.

ACA XC Individual Standings			
Based on the Number of Opponents			
Outrun in Competition			
Rank	Name	Grade	Total
1	Caroline Cockrell	8	22
2	Kaitlyn Stuart	7	19
3	Carolyn Barnett	7	17
4	Katherine Bleth	7	16
5	Morgan Avery	7	15
6	Kendall Watson	7	13
7	Marie Powers	8	11
8	Jonathon McKnight	9	9
9	Kelley Yarber	7	8
10	Elizabeth Tiller	10	7
11	Danielle Beach	8	4
12	Fields Barrineau	10	3
13	Rachel McLendon	10	2

XC Schedule

Aug 27	Stampede Starter
Sep 09-11	Beach Trip / Meet of Champions
Sep 17	Crimson Classic
Sep 24	Miss. State Invitational
Sep 27	Quad Meet with TMS, Lloyd Wood, and Eastwood
Oct 08-10	Team Retreat
Oct 15	Cold Springs Invitational
Oct 22	Roger Pritchard 5-miler
Oct 27	Hoover Invitational
Nov 03	Sectionals – Cold Springs
Nov 11-12	State Championship Weekend
Nov 17	End of the Year Party



The ACA team begins to warm up just prior to the Stampede Starter at Bryant High.

STAMPEDE STARTER - AUGUST 27, 2005

7th & 8th Grade Girls Relay

Mixed Varsity Relay

	<u>Team 3 x 1 mile</u>	<u>Time</u>
1	ACA Red	20:40.0
	Cockrell, Caroline	
	Stuart, Kaitlyn	
	Barnett, Carolyn	
2	Mixed A	22:59.0
3	ACA White	23:19.0
	Bleth, Katherine	
	Yarber, Kelley	
	Watson, Kendall	
4	ACA Blue	23:51.0
	Powers, Marie	
	Beach, Danielle	
	Avery, Morgan	
5	TMS "A Team"	23:51.0
6	Lloyd Wood "A"	24:00.0
7	TMS "B"	28:04.0

Runners – 1 mile

1	Cockrell, Caroline	06:37.0	ACA
2	Meintzer, Caroline	06:38.0	EAST
3	Summer, Tamra	06:39.0	LW
4	Stuart, Kaitlyn	06:54.0	ACA
5	Banerjee, Orenima	07:00.0	TMS
6	Barnett, Carolyn	07:09.0	ACA
7	Bleth, Katherine	07:28.0	ACA
8	Avery, Morgan	07:31.0	ACA
9	Swindle, Kali	07:35.0	LW
10	Watson, Kendall	07:45.0	ACA
11	Barnett, Hanna Haas	07:48.0	TMS
12	Powers, Marie	07:53.0	ACA
13	Martin, Sara	07:54.0	TMS
14	Taylor, Emily	07:54.0	TMS
15	Yarber, Kelley	08:06.0	ACA
16	Hussein, Nura	08:09.0	TMS
17	Booth, Katelyn	08:10.0	LW
18	Robertson, Cayla	08:15.0	LW
19	Beach, Danielle	08:27.0	ACA
20	Johns, Moriah	09:21.0	EAST
21	Watson, Anna	09:33.0	TMS
22	Sherwood, Victoria	10:37.0	TMS
23	Jones, Morgan	14:41.0	LW

	<u>Team 4 x 2.128 miles</u>	<u>Time</u>
1	PB "A Team"	1:00:46
2	PB "B"	1:05:41
3	TC "A"	1:06:38
4	ACA	1:13:36
	Tiller, Elizabeth	
	McKnight, Jonathon	
	McLendon, Rachel	
	Barrineau, Fields	
5	Mixed "A"	1:30:25

Runners (Girls) – 2.128 miles

1	Tillman, Sydnie	16:50.0	PB
2	Bryant, Carlivear	17:06.0	PB
3	Tiller, Elizabeth	17:32.0	ACA
4	Payne, Melissa	17:37.0	PB
5	Barringer, Paige	19:08.0	TC
6	Campbell, Jessica	19:27.0	PB
7	Broughton, Bailey	19:29.0	TC
8	McLendon, Rachel	20:52.0	ACA
9	Midkiff, Rebecca	26:44.0	PB
10	Jones, Teresa	27:26.0	TC

Runners (Boys) – 2.128 miles

1	Kelling, A.J.	13:14.0	PB
2	Hicks, Matt	13:15.0	TC
3	Cheatum, Corey	13:36.0	PB
4	Fowler, Chris	13:48.0	PB
5	Kelling, Sam	14:38.0	PB
6	Haskew, Austin	14:46.0	TC
7	Meintzer, Robbie	14:49.0	PB
8	Guin, Jake	15:01.0	TC
9	McKnight, Jonathon	15:29.0	ACA
10	Patrick, Joe	15:42.0	PB
11	Barringer, Trey	17:01.0	TC
12	Madrid, Adam	17:15.0	PB
13	Head, Zac	18:13.0	PB
14	Crawford, Shane	19:40.0	TC
15	Barrineau, Fields	19:43.0	ACA
16	Sidlovsky, Steven	20:19.0	TC
17	Lawrence, Steven	20:34.0	PB
18	Daniel, Gabriel	21:14.0	PB

ACA	American Christian
EAST	Eastwood Middle
LW	Lloyd Wood
Mixed	Mixed
PB	Paul Bryant
TC	Tusc Co High
TMS	Tusc Middle School

Note: Bo Cockrell (Illness), Anne Kindred (Injury), and Sara Gibson (not yet qualified) did not participate.

Athletes from different schools teamed together.

Middle School Boys results not shown since ACA does not have any 7th and 8th Grade Boys participating.